



Gals Institute LLC. partners with North Lake School

Who Are We?

Gals Institute is a mental health clinic focused on prevention and healing for the family system. Our team develops and facilitates resiliency building workshops, camps and school based programs. Along with our popular workshops, we provide therapy services to individuals, families, adolescents, and children (boys and girls) starting at age 6 at our office and in schools. As licensed therapists, we specialize in the treatment of a wide variety of challenges and growth opportunities and are proud to collaborate with other businesses that support our mission. We also have a foundation, Gals on the Go Project, that helps to organize the events, provide scholarships and bring our programs into schools.

Gals Institute LLC. is the proud mental health provider to 6 contracted school districts in Waukesha County and is excited that North Lake School has been added to our list this coming school year.

School Based Services: How does it work?

After an initial assessment in our office, we can see your child at school if you wish, as we have a discreet office set aside at each building. Scheduled appointments are set up at your first session and include a reminder the night before the appointment so you can inform the school's attendance office. This service helps with access and the minimization of missed school or work. We also work with the school team as directed by the family so your child can meet their social and emotional needs. Clinicians update parents after sessions and require families to meet every 4-5 appointments with your child.

Schedule your assessment today.

The start of school is a busy time for all, including Gals Institute clinicians. We encourage you to schedule as soon as possible, especially if you would like your initial appointment in the evenings, as those are popular times. Call 262-337-9770 and complete an intake and we will get you connected with the appropriate clinician. We take most insurances and offer a reduced fee for self pay as an option.

