

Gals Institute

Prevention & Healing

www.galsinstitute.com



Gals Institute Welcomes Jerrica Vaughn!

Jerrica is a board-certified Pediatric Nurse Practitioner and Pediatric Primary Care Mental Health Specialist. She earned her Bachelor's and Master's degrees from Purdue University. Her role at Gals Institute, LLC is to provide psychiatric evaluations, diagnosis and treatment (medication and/or non-pharmacological interventions). Ierrica specializes in the treatment of anxiety, depression and ADHD in children and adolescents ages 5-21. She uses innovative diagnostic techniques such as QBcheck, a test used to assist with diagnosis and rule out ADHD with objective data. Jerrica believes that medications

(when appropriate) in conjunction with therapy can be a powerful tool to improve mental health and get your child back to functioning. Jerrica's extensive training, passion for mental health, as well as personal experience as a wife and mother have prepared her to provide trustworthy and compassionate care for your child.





Do you have concerns that your child or adolescent may have ADHD?



Approximately 11% of today's youth have ADHD, a neurodevelopmental disorder that causes difficulty with paying attention, controlling impulse behaviors, or hyperactivity. Symptoms continue into adulthood in more than three-quarters of cases. ADHD can cause significant problems at school, home and with friends. Treatment for ADHD can improve quality of life, academic performance, and relationships.



Historically, ADHD has been diagnosed using complicated and potentially biased evaluation forms. The FDA has approved an online tool, called QbCheck. The QbCheck is a computerized test that involves motion tracking systems and computerized tasks that require continuous attention and impulse control. This online test that can be administered from ages 6-60 provides specific and measurable data to aid in the diagnosis of ADHD.



Gals Institute has begun administering the QbCheck! If you are interested in having your child tested for ADHD, please contact us! info@gals.institute or call the clinic at 262-337-9770.



2023–24 School & Community Partnerships

Gals Institute licensed therapists are now able to see your child in their school. Local School Districts have partnered with Gals Institute to provide emotional support to their district families. This initiative provides access to much-needed services without disrupting a student's school day and a family's work schedule. Confidentiality and family involvement are key to this program.

Gals Institute is a in network provider with many major insurance companies such as BCBS, Quartz, Evernorth/Cigna, WPS, Aetna and many others. Our team also accepts HSA and offers a reduced fee for services.

If your child is a student at one of the schools we offer in-school mental health services for, we will work with you to set a time to meet with your student at school. Initial appointment and family sessions will be on site at Gals Institute clinic or your provider will work with you to set up a telehealth session if needed. If you have questions or are interested in having your adolescent seen, contact Gals Institute at 262-337-9770.

School Partnerships 2023-24

Mukwonago School District (K-HS) Kettle Moraine School District (K-HS) Pewaukee School District (K-HS) North Lake School (4K-8th) Richmond School District (K-8th) Oconomowoc Area School District (5th-HS) Hartland Lakeside School District (K-8)



Resiliency Building Workshops For Youth.





Gals Institute LLC is a mental health clinic committed to prevention & healing for the individual, family and adolescent. Gals Institute offers therapy services and prevention programs for boys and girls, ages 5 years old and up. Offering additional services for the family system, medication evaluation and management, couples counseling and therapeutic support groups. Gals Institute provides mental health support services and in school therapy to families in several school districts in Waukesha county.

More information at www.galsinstitute.com info@gals.institute 262-337-9770

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