

A fun interactive skill building group for kids ages 7-9 years old.

FRIENDSHIPS

Making positive connections is important for emotional and social development. Learn the ins and outs of making, maintaining and being a good friend.

CALMING BODY & BRAIN SKILLS

Emotions can get the best of us. Skill building to assist emotion regulation and prevention tips and tools to calm the body and brain.

COMMUNIATION SKILLS FOR SUCCESS

Identify feelings and emotions and how to express in healthy ways that help build empathy and self awareness.

Register Today

When: Tuesdays, October 17 & 24th; November 7 & 14th

Time: 5-6:30

Ages: 7-9 yrs (Boys & Girls)

Cost: S45 per person - 4 Weeks Includes all art supplies, takeaway tools & peanut free snacks





Location: Gals Institute

383 Williamstowne
Delafield
(Across from Target off of 94 & Hwy 83
gals.ocommunity@gmail.com
262-337-9770





Workshop supported by: