



# Arrowhead

## Grade School Track & Field Meet

MAY 15<sup>TH</sup>

Arrowhead High School Track

### 4<sup>th</sup> Grade and Younger

**5:00 pm to approx. 6:00 pm**

Unlimited Entries

Just Show Up

**Arrive by 4:45**

Proceed to the East Side of the Football Field

#### Events Run in this Age / Gender Order

4<sup>th</sup> grade girls then 4<sup>th</sup> grade boys  
3<sup>rd</sup> grade girls then 3<sup>rd</sup> grade boys  
2<sup>nd</sup> grade girls then 2<sup>nd</sup> grade boys  
1<sup>st</sup> grade girls then 1<sup>st</sup> grade boys  
5k & under girls then 5k & under boys

#### Events:

Football Infield 50 yard Dash  
Football Infield 100 yard Dash  
Football Infield 50 yard Hurdles  
High Jump

**Ribbons for All Participants!**

### 5<sup>th</sup> – 8<sup>th</sup> Grade

Middle School Showcase

**5:00 pm – Field Events**

**6:00 pm – Running Events**

3 Entries per school

3 Events per Athlete

Must Pre-Register with your PE Teacher

#### All Field Events Begin at 5:00

High Jump – Girls on Pit 1  
High Jump – Boys on Pit 2  
Long Jump – Girls on East Runway  
Long Jump – Boys on West Runway  
Shot Put – Girls in Ring 1  
Shot Put – Boys in Ring 2 (or will follow girls)

#### Rolling Schedule in this Order:

100 Hurdles  
1600  
100 Dash  
400 Dash  
4 x 100 Relay  
800 Run  
200 Dash  
4 x 400 Relay

**Awards for top 3 in each event & Overall Athlete of the Meet**