



Arrowhead

Grade School Track & Field Meet

May 15, 2024

Arrowhead High School Track

4th Grade and Younger

5:00 pm to approx. 6:00 pm

Unlimited Entries

Just Show Up

Arrive by 4:45

Proceed to the East Side of the Football Field

Events Run in this Age / Gender Order

4th grade girls then 4th grade boys
3rd grade girls then 3rd grade boys
2nd grade girls then 2nd grade boys
1st grade girls then 1st grade boys
5k & under girls then 5k & under boys

Events:

Football Infield 50 yard Dash
Football Infield 100 yard Dash
Football Infield 50 yard Hurdles
High Jump

Ribbons for All Participants!

5th – 8th Grade

Middle School Showcase

5:00 pm – Field Events

6:00 pm – Running Events

3 Entries per school

3 Events per Athlete

Must Pre-Register with your PE Teacher

All Field Events Begin at 5:00

High Jump – Girls on Pit 1
High Jump – Boys on Pit 2
Long Jump – Girls on East Runway
Long Jump – Boys on West Runway
Shot Put – Girls in Ring 1
Shot Put – Boys in Ring 2 (or will follow girls)

Rolling Schedule in this Order:

100 Hurdles
1600
100 Dash
400 Dash
4 x 100 Relay
800 Run
200 Dash
4 x 400 Relay

*Awards for top 8 in each
event & Overall Athlete of the
Meet*